Introduction
Required Reading
   How to Use and Apply the Knowledge You Will Gain in This Class, HLAA

Video
   Living with Hearing Loss, Learn About Hearing Loss Video Series

Lesson 1: How Social Stereotypes, Self-Perception, and Personal Knowledge Impact Individual Responses to Hearing Loss
Introduction

Required Reading
   1. Presbycusis, Mortality and Brussels Sprouts, Michael Harvey*
   2. What’s on Your Mind?, Michael Harvey
   3. To Teach is to Learn Twice Over, Janet Pepperday

Recommended Reading
   Elsie: An Information Gathering Interview and Brief Therapy Summary, Scott J. Bally

Lesson 2: Elements of Crisis and the Grieving Process Applied to Hearing Loss
Introduction

Required Reading
   1. When Hearing Loss Precipitates Crisis, Scott J. Bally
   2. Responding to Emotional Crisis, Deborah Trueheart
   3. Hearing Loss and Grieving, Margaret Robertson
   4. The Five Stages of Grieving Over Loss of Hearing, Hazel Inglis
   5. The Rest of the Family Needs to Grieve Too, Neil Bauman
Lesson 3: Emotional Responses to Difficulties in Communicating
Introduction

Required Reading
1. *Hearing Aids and Seniors—Addressing Consequences of Untreated Hearing Loss*, Carolyn A. Holmes
2. *Changing the Rules of Trivial Pursuit*, Michael Harvey*

Recommended Reading
1. *Tinnitus No More: Aspen Here I Come*, Michael Harvey*
2. *The Anatomy of Trauma and Triumph*, Michael Harvey*

Lesson 4: Effects of Hearing Loss on Communication Behavior
Introduction

Required Reading
1. *Coping with Hearing Loss*, Sam Trychin
2. *Excerpts from Living With Hearing Loss Workbook: Cognitive Reactions*, Sam Trychin
3. *How to Spot a Bluffer*, Robert S. Elkins

Lesson 5: Hearing Loss and Mental Health
Introduction

Required Reading
1. *Hearing Loss in Older Adults: Its Effect on Mental Health*, Claudia Dewane
3. *The Link Between Untreated Hearing Loss and Mental Health*, Vestibular Disorders Association
4. *Resilience to Trauma: An Inspirational Voice from Cyberspace*, Michael Harvey*
Recommended Reading
   1. *Hearing Loss and Brain Function in Older Adults*, Johns Hopkins Medicine
   2. *Depression in Older Adults with Hearing Loss*, Tina Mullins

**Lesson 6: Reactions of Family and Friends to a Person's Hearing Loss**

Introduction

Required Reading
   2. *How Your Hearing Loss Affects Your Family and Friends*, Marcia Dugan
   3. *Dear Mom and Dad, if Only You Had Known*, Michael Harvey*
   4. *Pockets of Gold*, Michael Harvey*

Recommended Reading
   1. *Sexuality and Intimacy with Hearing Loss*, Rocky Stone, Ronald Reiter and Robert Trotter

**Lesson 7: Reactions of Groups to a Person’s Hearing Loss**

Introduction

Required Reading
   *Why Groups are Great*, Scott J. Bally

**Lesson 8: Special Challenges Relevant to a Person Growing Up with a Hearing Loss**

Introduction

Required Reading
   *Definitions and Descriptions*, Mark Ross

Recommended Reading
   1. *Defining Moments in Hearing Loss*, Kathleen Hawes
   2. *Growing Up With Hearing Loss*, Anne-Marie Mullins
Lesson 9: Special Challenges Relevant to a Person who Acquired a Hearing Loss Gradually

Introduction

Required Reading
1. Progressive Hearing Loss: Men and Our Fathers, Michael Harvey.*
2. Teaching an Old Dog New Tricks: The Aging Brain and Hearing Loss in Older Adults, Kathleen Cienkowski

Recommended Reading
1. Work in Progress, Judy Metter
2. My Electronic Ears, Eleanore Devine

Lesson 10: Special Challenges Relevant to a Person Coping with Sudden Onset of Hearing Loss

Introduction

Required Reading
1. Sudden Hearing Loss, Neil Bauman
2. Vicarious Hearing Loss: A Spouse’s Tale, Michael Harvey

Recommended Reading
1. There is Life after Deaf, Ruth Walworth
2. Late DEAFinitions, Justin De Mello

Lesson 11: Special Challenges Relevant to a Hard of Hearing or Deaf Person with Additional Disabilities

Introduction

Required Reading
1. I am Hard of Hearing, But I Can See Fine...Coping with Hearing and Vision Loss, Jane Biehl
2. Diabetes and Hearing Health, Max Chartrand

Recommended Reading
1. Syndromes that Present with Both Hearing and Vision Loss, HLAA
2. Sight for Failing Eyes, Ruth Fangmeier and Cynthia Stuen
Lesson 12: How Cultural Influences May Impact Responses to Hearing Loss

Introduction

Required Reading
1. Personal and Social Identity of Hard of Hearing People, Mark Ross
2. Developing an Identity for People with Hearing Loss, Donna L. Sorkin
3. Excerpts from Being Hard of Hearing is ‘Many Different Experiences’ for This Diverse Group, Randall Gentry.
4. Between Two Worlds, Michael Harvey.*

Recommended Reading
Why Do the Tulips Taste So Nice?, Loraine DiPietro

Lesson 13: Coping and Communication Strategies – An Overview

Introduction

Required Reading
1. Using a Problem Solving Approach, Scott J. Bally
2. Communication Strategies: Some Basic Concepts, Scott J. Bally
3. Anticipatory Strategies for Supporting Communication, Scott J. Bally
4. Maintenance Strategies for Supporting Communication, Scott J. Bally
5. Repair Strategies for Supporting Communication, Scott J. Bally
6. Communication Strategies for Technology Users, Scott J. Bally
7. Post-Communication Assessment, Scott J. Bally

Recommended Reading
Oh, My Aching Ears! Listening Effort and Hearing Loss, Brad Ingrao
Lesson 14: Spirituality and Hearing Loss

Introduction

Required Reading

1. Perspectives on Spirituality and Hearing Loss, Scott J. Bally
2. What’s on Your Mind?, Michael Harvey
3. The Questions May Sound Simple, but the Answers are Not, Terry Portis
4. The Late-Deafened Spiritual Connection, Nancy Kingsley

*Readings that are starred are in the book Odyssey of Hearing Loss: Tales of Triumph by Michael Harvey, Ph.D.; available from Amazon and other retailers.